

TRUE[®] RESIDENTIAL



Premium Fitness Equipment Since 1981



As part of the TRUE Motivation Series, the M30 treadmill offers you the highest in quality with the smallest impact on your budget. The M30 rivals anything in its class and is the perfect piece of home fitness equipment to help you reach your goals. Plus, with an overall length of just 74", the M30 treadmill maximizes workout space in your home. Find your motivation today with a M30 treadmill.



M30



TECHNICAL SPECIFICATIONS	Drive Motor	TRUE 3 HP DC
	Speed Range	0.5 - 12 mph
	Incline Range	0 to 15%
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar [®] Compatible
SAFETY	Safety Clip	Yes
	Large Straddle Covers	Yes
CONSOLE	LCD	7"
	Workouts	7 Preset
		2 Custom Workouts
	Heart Rate Programs	2
	Quick Speed Keys	Yes
	Quick Incline Keys	Yes
	HRC Curise Control	Yes
REGULATORY APPROVALS		UL/CSA, CE, EN957
EXTRAS	Accessories	Reading Rack
		Water Bottle Holders (2)
		Accessory Tray
PHYSICAL SPECIFICATIONS	Footprint	74" L x 29" W (187 cm x 73 cm)
	Running Surface	58" L x 20" W (147 cm x 50 cm)
	Machine Weight	220 lbs. (100 kg)
	Maximum User Weight	300 lbs. (136 kg)
	Step-Up Height	6.7"
	Portability	2 Front Transport Wheels
WARRANTY	Warranty Type	Residential
	Frame	Lifetime
	Motor	30 Years
	Parts	5 Years
	Labor	1 Year

Warranties outside the U.S. and Canda may vary - Please contact your dealer for details. Specifications subject to change without notice.